

**SUMMER 6-WEEK CREATIVE ARTS GROUP  
THERAPY**

**FOR RACIALIZED YOUNG WOMEN  
(AGED 20-34)**

# Building Safety & Connection



Facilitated by Amelia Deng,  
Registered Psychotherapist (Qualifying).

**TUESDAYS - JUNE 27 TO AUGUST 1, 7PM-8:30PM**

**FEE: \$60 (TAX INCL) / SESSION**

**VIRTUAL: MEETING FROM THE COMFORT OF YOUR HOME**

Deepen your connections with self and others, drawing  
on a variety of arts modalities for self-reflections.

**TAKING INTAKES NOW**



**Redbird  
THERAPY**

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